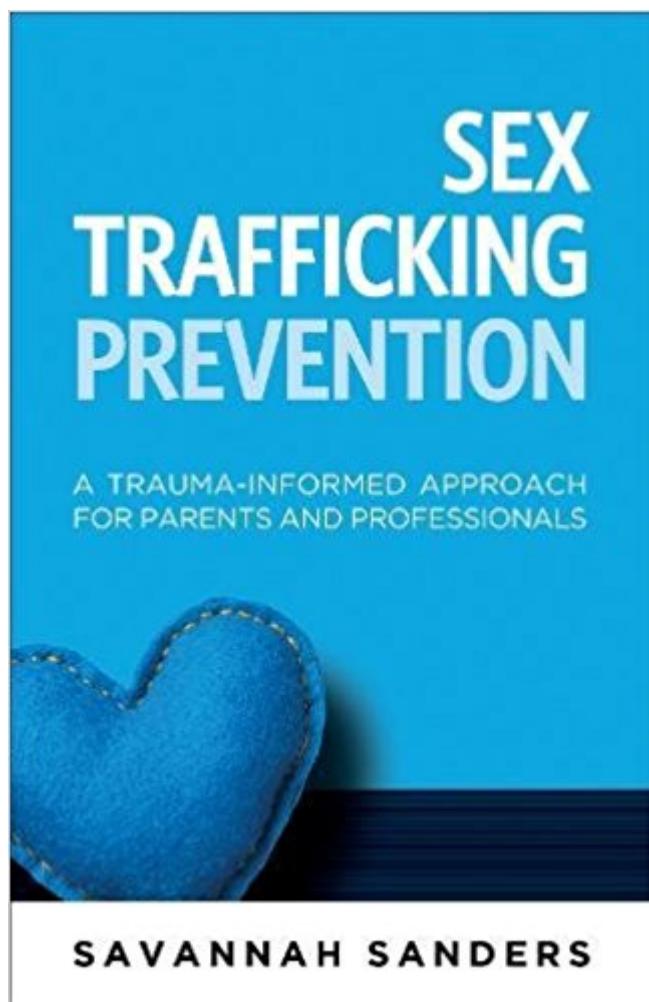


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# Sex Trafficking Prevention: A Trauma-Informed Approach For Parents And Professionals



## Synopsis

A non-sensationalized book that gives readers a trauma-informed way to think about sex trafficking. Forget what you thought you knew about domestic sex trafficking and the best ways to prevent it. The problem is larger in scope and involves more factors than most can imagine. This book lays out what makes young people vulnerable to trafficking, exploring the real root of the problem and the numerous effects of abuse; outlines steps parents and others can take to mitigate those risk factors; and describes ways to help victims find healing. Drawing from her own experience being trafficked plus her insights gained from years of advocacy and anti-trafficking work, the author speaks directly not only of the realities of trafficking that occur in our own communities but also the solutions that we can all be a part of. She talks of everyday things we can do to intervene; not "rescue"; youth in troubled lives and homes. The book also lists hidden signs of trouble and offers parents and professionals practical tools and knowledge to intervene and make a positive difference in young people's lives. Savannah J. Sanders is a leading advocate in the prevention of child sex trafficking. A survivor of hardships, abuse, and trafficking, Savannah is now living a full life as a victim's advocate, wife, and mother of four. She is currently pursuing a master's degree in social work and is working with the Sandra Day O'Connor Institute as Training Coordinator for the SAFE (Safeguarding Adolescents From Exploitation) Action Project. Sanders shares her story and speaks regularly to groups across the United States on anti-trafficking efforts and ways to support victims.

## Book Information

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## Customer Reviews

"Given how horrible sex trafficking is, we don't want to think that it could ever happen to those we love. Yet as Sanders shows, any person is at risk, especially those who have been sexually abused as children. This book gives you the framework and tools to help develop your child's resiliency to sexual abuse in case they are targeted and builds their trust in you as a safe person to turn to. I hope this life-saving information will soon be implemented in every household, for every child." -- Sandra Kim, Founder of Everyday Feminism

Her passion for ending sex trafficking and the exploitation of children have earned my respect and admiration. Savannah Sanders has been and will continue to be a powerful voice for policy and social change. I am pleased to be in a position to recommend her new book to you, and know that you will find that it is written in an easy and accessible format making the concepts and call to action clear and possible.

Robert Rhoton, Psy.D.; LPC; D.A.A.E.T.S. Diplomate of the American Academy of Experts in Traumatic Stress; Vice President, International Association of Trauma Professionals; Co-editor of the International Journal of Trauma Practice and Research; CEO of Arizona Trauma Institute & Therapy

As a survivor and social worker, Savannah Sanders is a leading expert on the topic of commercial sexual exploitation of children (CSEC). Her book, Sex Trafficking Prevention, will be a great contribution to the anti-trafficking field. We are lucky to have such access to her insight and expertise. I am so proud to know her both professionally and personally.

Holly Austin Smith, Author, Walking Prey

"When we violate the sacred boundaries of childhood by sexualizing, raping or abusing our children we set them on a course vulnerable to the prey of unscrupulous pimps and johns. The FBI estimates that over 100,000 children and young women are trafficked in America today. They range in age from nine to nineteen, with the average being age thirteen. This glimpse into Savannah Sander's heroic story can help raise awareness, break-down barriers to reality and inform parents, police, educators and the legal system regarding how to protect our children from sex trafficking."

Lynne Kenney, PsyD

Pediatric Psychologist. Co-author, BLOOM: 50 Things to Say, Think and Do with Anxious, Angry, Over-the-Top Kids

"Would you know how to recognize a child that is vulnerable to sex trafficking? Would you know what to do if you did? Sex trafficking of children is not the purview of third world nations nor is it something that happened in the past before technology was available to track predators. It's happening today . . . in your city . . . in your community . . . every single day. That is one of the key messages imparted in Sex Trafficking Prevention, a powerful new book by survivor and prevention advocate, Savannah Sanders. By sharing her story Savannah opens our eyes to the world of childhood abuse and trauma that diminishes a child's self-esteem and sense of safety."

feelings of self-worth, so much so that saying no and escaping the victimization become impossibilities. But this is not inevitable. We can do something to help at risk children. That is Savannah's other message. And through her book, she teaches us how.

Stefanie Zucker, child health and safety advocate, Managing Director of Pediatric Safety at pediatricsafety(dot)net; This book is written with the same honesty and strength with which Savannah lives her life. Her ground-breaking book serves to remind us all that sex trafficking is a multi-faceted issue. Savannah bravely shares her experiences to educate readers about the link between sex trafficking, child abuse and domestic violence. Every advocate for child abuse and domestic violence must read this book. And every person who cares about others should read this book, and become a part of the solution through learning and being able to recognize the signs.

Savannah's insight and advice throughout this book will no doubt save lives if readers are brave enough to utilize her wisdom and speak out. As a fellow advocate for victims, I feel confident we are making change with a woman like Savannah on our side!; Jessica Nicely ; author, Baba's Daughter, CEO/Founder, Winged Hope Family Advocacy

Foundation...Her passion for ending sex trafficking and the exploitation of children have earned my respect and admiration. Savannah Sanders has been and will continue to be a powerful voice for policy and social change. I am pleased to be in a position to recommend her new book to you, and know that you will find that it is written in an easy and accessible format making the concepts and call to action clear and possible. ; Robert Rhoton, Psy.D.; LPC; D.A.A.E.T.S.Diplomate of the American Academy of Experts in Traumatic Stress; Vice President, International Association of Trauma Professionals; Co-editor of the International Journal of Trauma Practice and Research; CEO of Arizona Trauma Institute & Therapy. "As a survivor and social worker, Savannah Sanders is a leading expert on the topic of commercial sexual exploitation of children (CSEC). Her book, Sex Trafficking Prevention, will be a great contribution to the anti-trafficking field. We are lucky to have such access to her insight and expertise. I am so proud to know her both professionally and personally." ; Holly Austin Smith, Author, Walking

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Say, Think and Do with Anxious, Angry, Over-the-Top KidsÃ¢â€”Would you know how to recognize a child that is vulnerable to sex trafficking? Would you know what to do if you did? Sex trafficking of children is not the purview of third world nations nor is it something that happened in the past before technology was available to track predators. ItÃ¢â€”â€œs happening today Ã¢â€”Â| your city . . . in your community . . . every single day. That is one of the key messages imparted in Sex Trafficking Prevention, a powerful new book by survivor and prevention advocate, Savannah Sanders. By sharing her story Savannah opens our eyes to the world of childhood abuse and trauma that diminishes a childÃ¢â€”â€œs feelings of self-worth, so much so that saying no and escaping the victimization become impossibilities. But this is not inevitable. We can do something to help at risk children. That is SavannahÃ¢â€”â€œs other message. And through her book, she teaches us how. Ã¢â€”Â“Ã¢â€”â€œ Stefanie Zucker, child health and safety advocate, Managing Director of Pediatric Safety at pediatricsafety(dot)netÃ¢â€”Â“This book is written with the same honesty and strength with which Savannah lives her life. Her ground-breaking book serves to remind us all that sex trafficking is a multi-faceted issue. Savannah bravely shares her experiences to educate readers about the link between sex trafficking, child abuse and domestic violence. Every advocate for child abuse and domestic violence must read this book. And every person who cares about others should read this book, and become a part of the solution through learning and being able to recognize the signs. SavannahÃ¢â€”â€œs insight and advice throughout this book will no doubt save lives if readers are brave enough to utilize her wisdom and speak out. As a fellow advocate for victims, I feel confident we are making change with a woman like Savannah on our side! Ã¢â€”â€œ Jessica Nicely Ã¢â€”â€œ author, BabaÃ¢â€”â€œs Daughter, CEO/Founder, Winged Hope Family Advocacy Foundation

Savannah Sanders is a leading advocate in the prevention of child sex trafficking. A survivor of hardships, abuse, and trafficking, Savannah is now living a full life as a victim's advocate, wife, and mother of four. She is currently pursuing a master's degree in social work and is working with the Sandra Day OÃ¢â€”â€œConnor Institute as Training Coordinator for the SAFE (Safeguarding Adolescents From Exploitation) Action Project. Sanders shares her story and speaks regularly to groups across the United States on anti-trafficking efforts and ways to support victims.

The best book I've ever read on a very grim subject. Why? Because Savannah focuses on prevention and gives awesome inside information on signs to look for and has great advice on proper treatment of the victim... This was an awesome book, and she is an amazing person!

she does a great job writing this book without taking you into details not needed. You're a very courageous woman and I am so happy you have found your voice and your life!

As a leader of an anti-trafficking organization who desires to make a difference to those who have been trafficked, I found this book to be the most helpful in guiding me on how to mentor and serve victims and survivors from a trauma-informed approach. I could not find a book that breaks things down like this one for leaders, parents, and professionals that explains the mind of a victim from a survivor's perspective. Savannah wrote something that I will never forget. She mentions a good point, that no matter how many fundraisers and awareness events anyone has, if the root of the trauma isn't severed or attempted to be understood, then the problem continues. People are so quick to ask, "Why doesn't the victim just leave or speak up?" What we SHOULD be asking is "What kind of trauma happened in the past that makes the victim feel that can't and how they got into this position?" Great book!-Laura

I have many friends, like myself, who are survivors of sex trafficking. Daily I see in Facebook posts the fallout and consequences of going through that tragedy. I have always thought but never said out loud; 'why don't we work harder to prevent it from happening?'. The one observation and well known fact about survivors of trafficking is that we almost all had childhood trauma, usually in the form of sexual abuse. Savannah J. Sanders, author of Sex Trafficking Prevention, has written an excellent book which can help parents, relatives and others recognize the signs of trauma. This book is educational and I see it playing a role in stopping tomorrow's sex trafficking by prevention. I highly recommend this book for parents and teachers.

I LOVE THIS BOOK!! It is informative, challenging, and if we continue to share it with others will change our community in the way we relate to one another and in our effectiveness in supporting victims of trauma and sexual exploitation. As Savannah shares insights from her many years as an advocate and her experience with being trafficked as well, we learn that if we want to stop our youth from being trafficked and if we want to see change in this issue...we all just need to stop being so isolated, cold, judgmental, and self-focused and just start SEEING and LOVING one another! We need to look below the surface of the struggles and behaviors of a person and see the root causes of those struggles and the inherent worth and purpose that person has. She has awesome practical tools to share about how to address risk factors in your family and community, and how to provide

support to someone who has experienced this type of trauma in a healthy and effective way. Seriously EVERYONE NEEDS TO READ THIS. Thank you Savannah for all the time and love you put into this book, I felt every ounce of it as I read through it.

I am the founder of a human trafficking task force and I have read many books on sex trafficking and I feel this book is written in a way that the average person who doesn't have a background or training in human trafficking can finally grasp or understand more clearly the scope of what, how, and why this is occurring in America. Savannah Sanders hits the nail on the head with comments like: "We live in a world where an abuser can spot a vulnerable child from a mile away, or from across a crowded room, yet every other adult in the child's life is likely to miss it." That's powerful and insightful information. Buy this book, read it and share it.

This is a much needed perspective on what it really takes to prevent sex trafficking and deal with adversity of any kind! This is refreshing, insightful, and I felt even more equipped to make significant impact in young peoples' lives after reading it. Get ready for a punch of wisdom as Savannah unpacks the attitudes, mindsets, and actions needed to protect our children! You may even learn some new things about yourself!

Savannah takes the sobering issue of trafficking and gives us practical, accurate, and informed steps to address the roots of the problem. Through her personal and professional insights, her words will ring true for educators, mental health professionals, law enforcement officers, parents, and survivors. She presents us with a picture of hope, encouraging us to participate in healing as a trauma-informed, safe community. Savannah is a bold and brave author, and I value her important book. Roxane Thorstad, PsyD, Clinical Psychologist, Journeys Counseling Center

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